

Oro Valley Dolphins Emergency Action Plan 2004

Medical Emergencies

The Purpose of the Emergency Action Plan is to provide information to the coaches regarding the procedures to follow in the event of a medical emergency.

The Emergency Action Plan involves the action of several individuals that need to be identified prior to the need to activate the Emergency Action Plan. These individuals include the Head Coach or Coach in charge, the messenger, the aide or aides and the reporter.

Each team should identify the following people:

Messenger- the person who will notify and direct the ambulance

Aide – the person or persons who will be available to assist the Head Coach as Instructed.

Reporter – the person assigned to document the incident

These people can be members of your existing staff or can be parents who are always at practice.

All Medical Emergencies and situations are to be handled by the Head Coach or Coach in charge.

The following steps should be taken in the event of an injured player:

Calm the player and make sure that he is **never** left unattended

Move other players away from injured player if possible. Should another player be entangled with the injured player and you believe that moving the player will cause further harm, keep the uninjured player from moving as well as the injured player.

Assess the injury and determine if an ambulance is needed

If the injury is minor, treat the injured player

If the injury requires an ambulance or you are unsure in any way send for an ambulance.

Notification of Ambulance:

Head Coach or Messenger will call for the ambulance by dialing 911.

They will identify themselves, the nature of the emergency and the location.

For Example:

“ I am Steve Marshall

The emergency is a football related neck injury

We are located on field #4 at CDO High School

Which is at 25 West Calle Concordia”

The Head Coach will dispatch the messenger to direct the emergency medical personnel.

The Head Coach will also direct the aide to notify the parents if necessary.

The Head Coach will then provide the emergency medical personnel with all necessary information:

Regarding the injured player

Name

Age

Regarding the injury

How did it occur

The major complaint of the injured player

Vital signs taken

The Head Coach will turn over care of the injured player and will assist the emergency medical personnel as directed by them.

DOCUMENTATION

The reporter will document the incident by completing an incident report. This report must include the following regarding the incident:

Time

Place

Type of injury

Description of how the injury occurred

All actions taken regarding the incident

The reporter must complete this report in a timely manner and must obtain comments and signatures from the head coach, witnesses and the medic. The incident report must then be submitted to the president or general manager of the association.

Please see map on next page to see field locations